Biblical Era Vegetarian Saints of the Judeo-Christian Tradition

by Rav'nada YTHU (D. Ernest Wachter)

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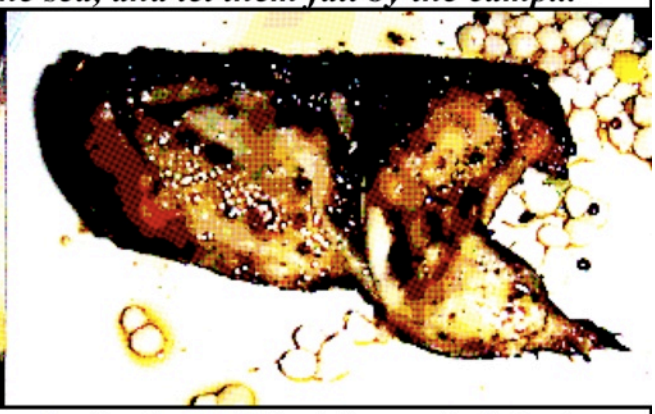
Adam & Eve created to be vegetarian

Then God said [to humanity], "I give you every seed bearing plant on the face of the whole earth, and every tree that has fruit with seed in it. They will be yours for food...." And it was so. God saw all that he had made, and it was very good. -- Genesis

THE ISRAELITES:
LIBERATED TO BE VEGETARIAN

And the LORD said unto Moses... "And say thou unto the people: `Sanctify yourselves against tomorrow, and ye shall eat flesh. For ye have wept in the ears of the LORD, saying, 'Who shall give us flesh to eat? For it was well with us in Egypt.' Therefore the LORD will give you flesh, and ye shall eat.

Ye shall not eat one day, nor two days, nor five days, neither ten days, nor twenty days, but even a whole month, until it come out at your nostrils and it be loathsome unto you, because ye have despised the LORD who is among you, and have wept before Him, saying, 'Why came we forth out of Egypt?'" ... And there went forth a wind from the LORD, and brought quails from the sea, and let them fall by the camp...



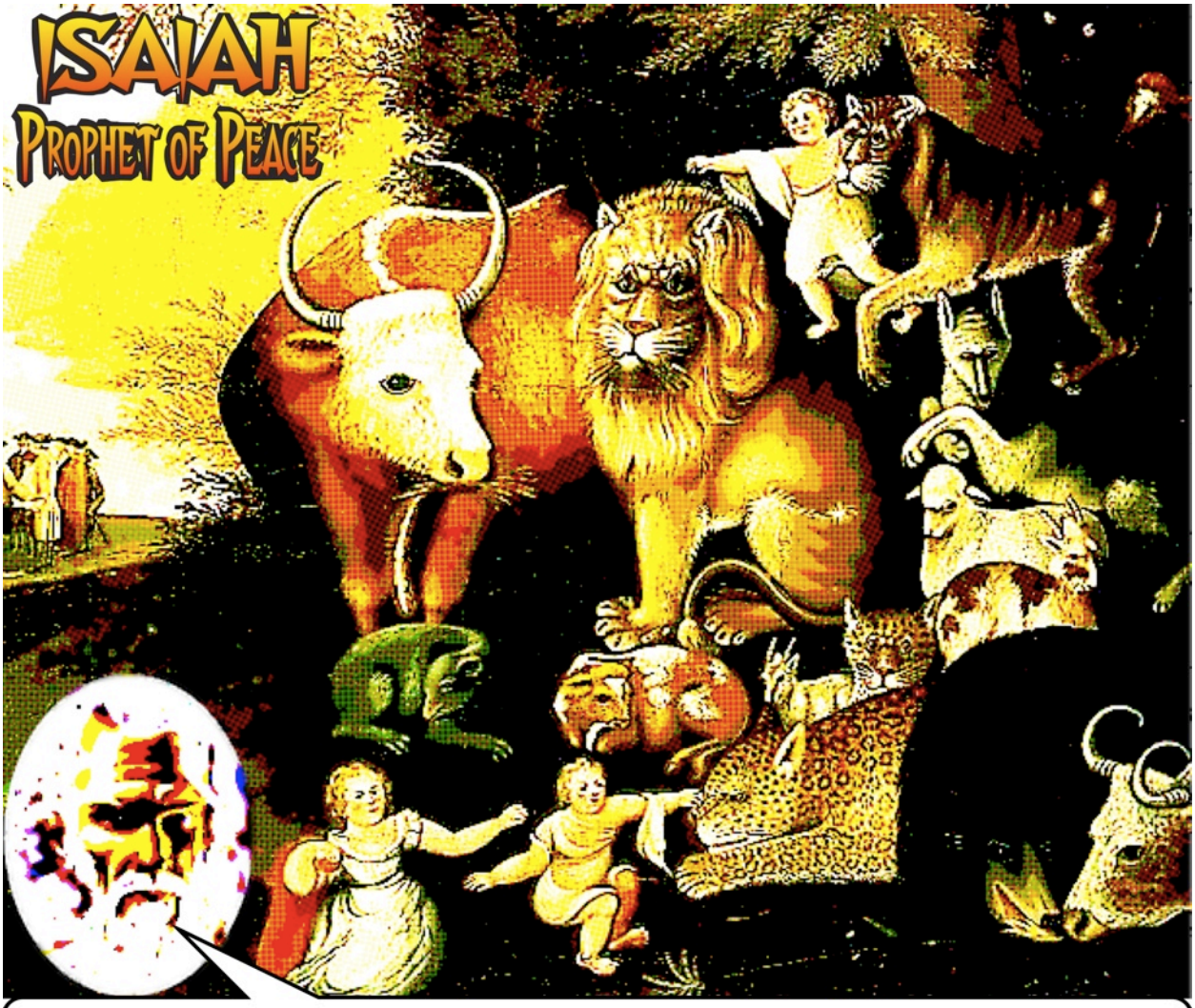
And the people stood up all that day and all that night and all the next day, and they gathered the quails. He that gathered least gathered ten homers, and they spread them all abroad for themselves round about the camp.

And while the flesh was yet between their teeth, ere it was chewed, the wrath of the LORD was kindled against the people, and the LORD smote the people with a very great plague.

And he called the name of that place Kibrothhattaavah [that is, The graves of lust], because there they buried the people who lusted [for meat].
-- Numbers

From the times when the prophet Elias [Elijah] and Eliseus dwelt devoutly on Mount Carmel, holy fathers both of the old and new Testament... lived praiseworthy lives in holy penitence [abstaining from meat, alcohol and sex] by the fountain of Elias in a holy succession uninterruptedly maintained. -- 1281 Carmelite Constitution Prefix

We learn from his biographer Iamblichus that Pythagoras was initiated into Sacred Mysteries on Mount Carmel. Both the Nazarene Essenes of Carmel and the Pythagoreans practiced vegetarianism, wore white, and pursued esoteric studies. Pythagoras' nickname,"the long haired one", further links him with the Essene contemplatives of Carmel who were Nazarites (long-hairs). Some call the Essenes "Jewish Pythagoreans".



Hear the word of the Lord... "I do not delight in the blood of bullocks, or of lambs, or of he-goats...; their savour is an abomination to me... I do not eat that which is obtained wrongfully, and taken by force... Even the prey of the mighty shall be taken away, and the captives of the mighty shall be delivered... For behold, I create new heavens and a new earth... The wolf and the lamb shall feed together and the lion shall eat straw like the ox... They shall not hurt or destroy in all my holy mountain... He who kills an ox is like him who slays a [hu]man..."

And Daniel said to Malasar, whom the prince of the eunuchs had appointed over Daniel, Ananias, Misael, and Azarias:

"Try, I beseech thee, thy servants for ten days, and let pulse be given us to eat, and water to drink:

And look upon our faces, and the faces of the children that eat of the king's meat: and as thou shalt see, deal with thy servants."

And when he had heard these words, he tried them for ten days.

And after ten days their faces appeared fairer and fatter than all the children that ate of the king's meat.

So Malasar took their portions, and the wine that they should drink: and he gave them pulse.

And to these children God gave knowledge, and understanding in every book, and wisdom: but to Daniel the understanding also of all visions and dreams.

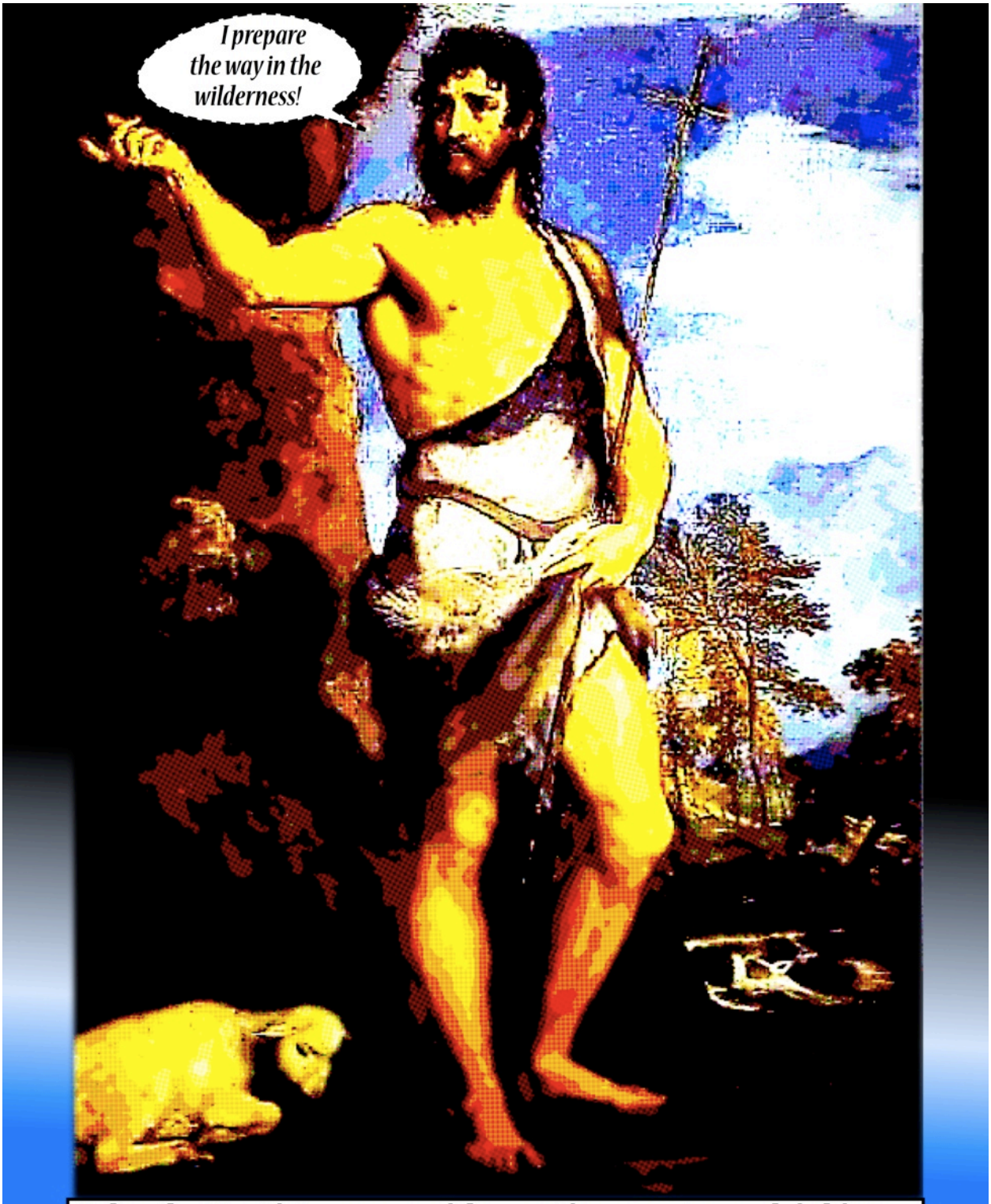
Prophet of Divine Love - HOSEA

"In that day," declares the LORD,
"you will call me 'my husband';
you will no longer call me 'my master.'
I will remove the names of the Baals from her lips;
no longer will their names be invoked.
In that day I will make a covenant for them
with the beasts of the field and the birds of the air
and the creatures that move along the ground.
Bow and sword and battle
I will abolish from the land,
so that all may lie down in safety.
I will betroth you to me forever;
I will betroth you in righteousness and justice,
in love and compassion.
I will betroth you in faithfulness,
and you will acknowledge the LORD.
"In that day I will respond,"
declares the LORD—
"I will respond to the skies,
and they will respond to the earth;
and the earth will respond to the grain,
the new wine and oil,
and they will respond to Jezreel..."

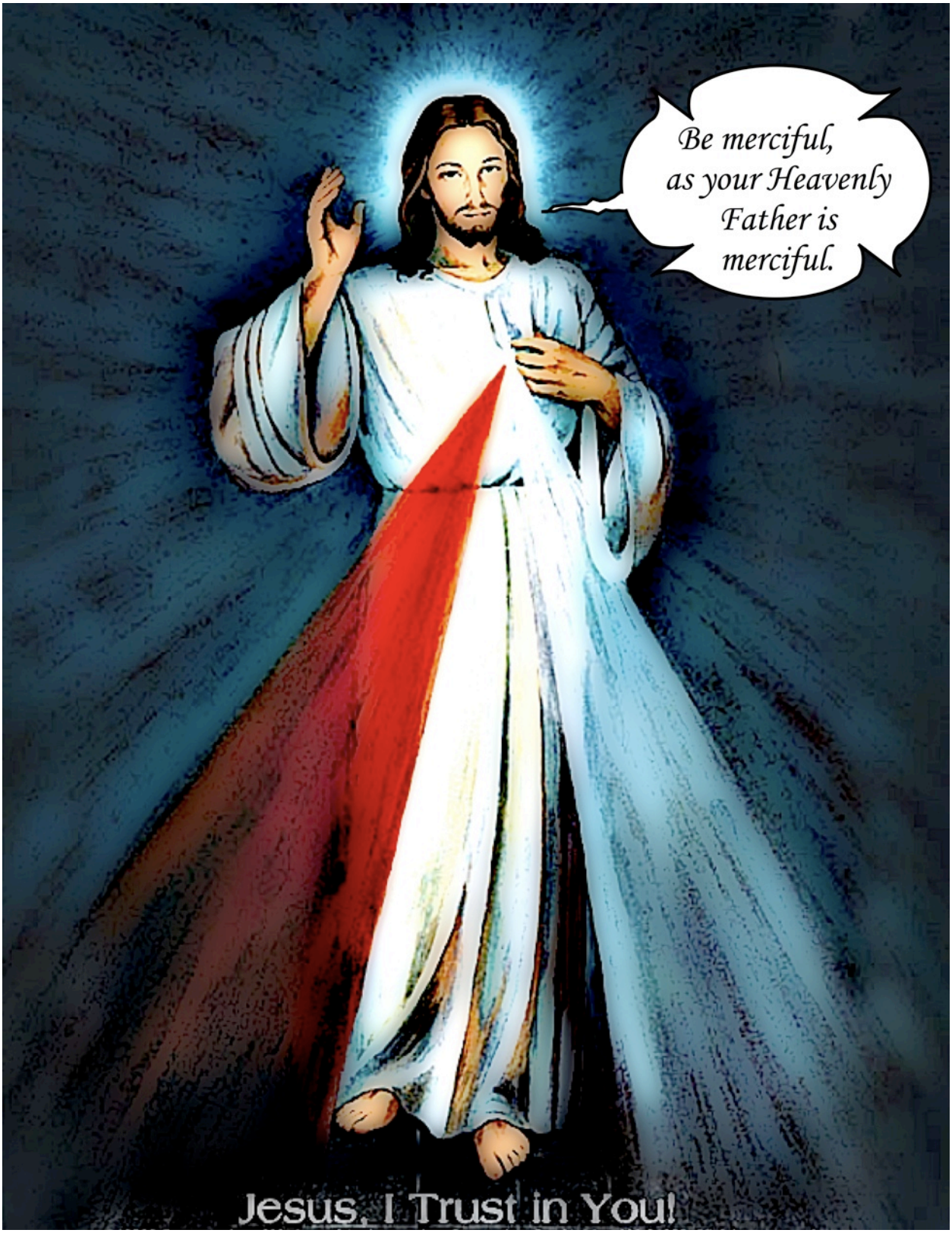
JUDAH MACCABEE

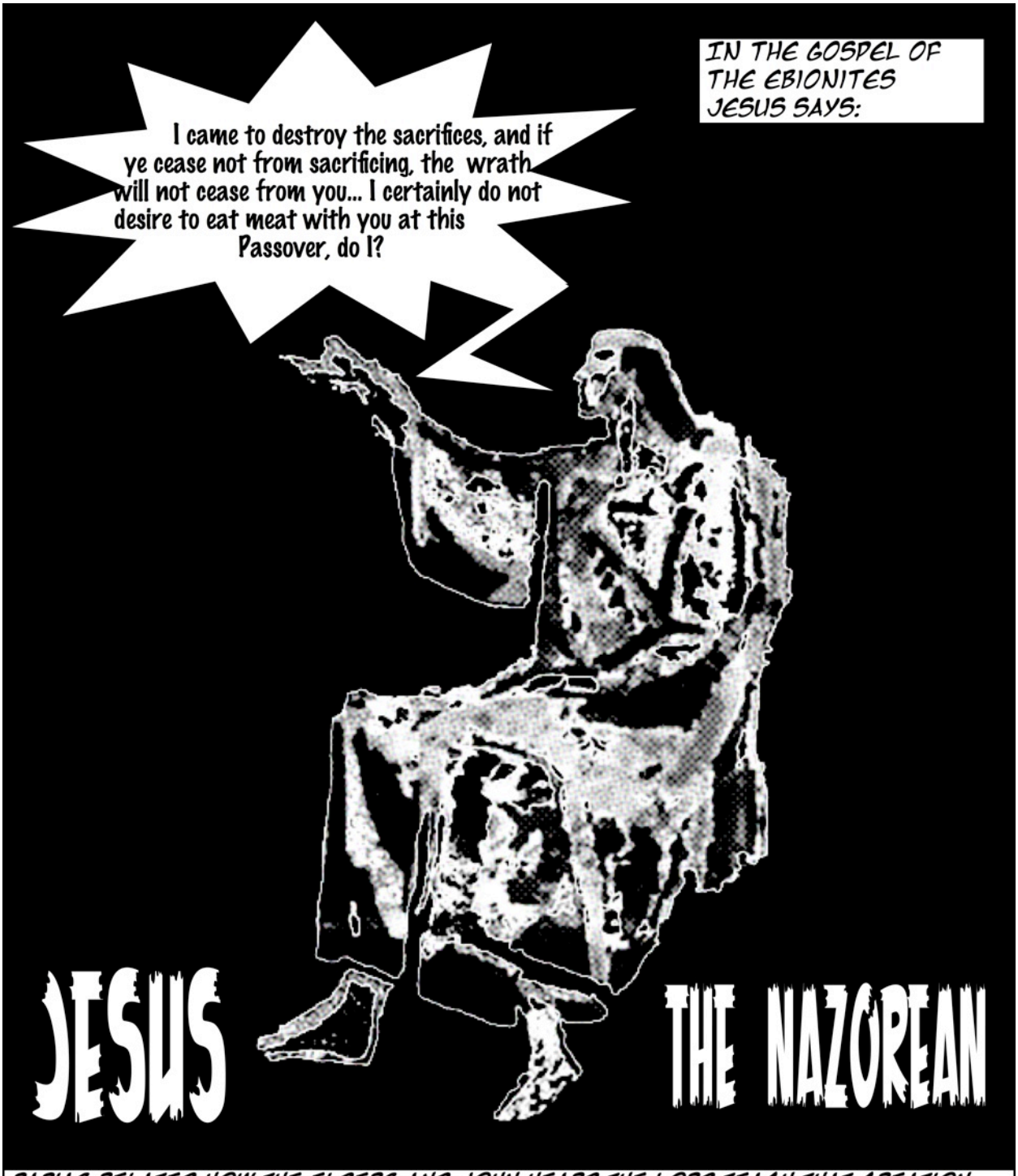
JEWISH REBEL

Grant true life to the faithful / O all-blameless and pure holy Virgin / thou who gavest birth unto Life Itself / and who hast now departed unto Life. -- Orthodox Hymn



John the Baptist came, neither eating meat nor drinking wine, and you say he is insane. -- St. Luke [redacted]


Be merciful, as your Heavenly Father is merciful.
Jesus, I Trust in You!

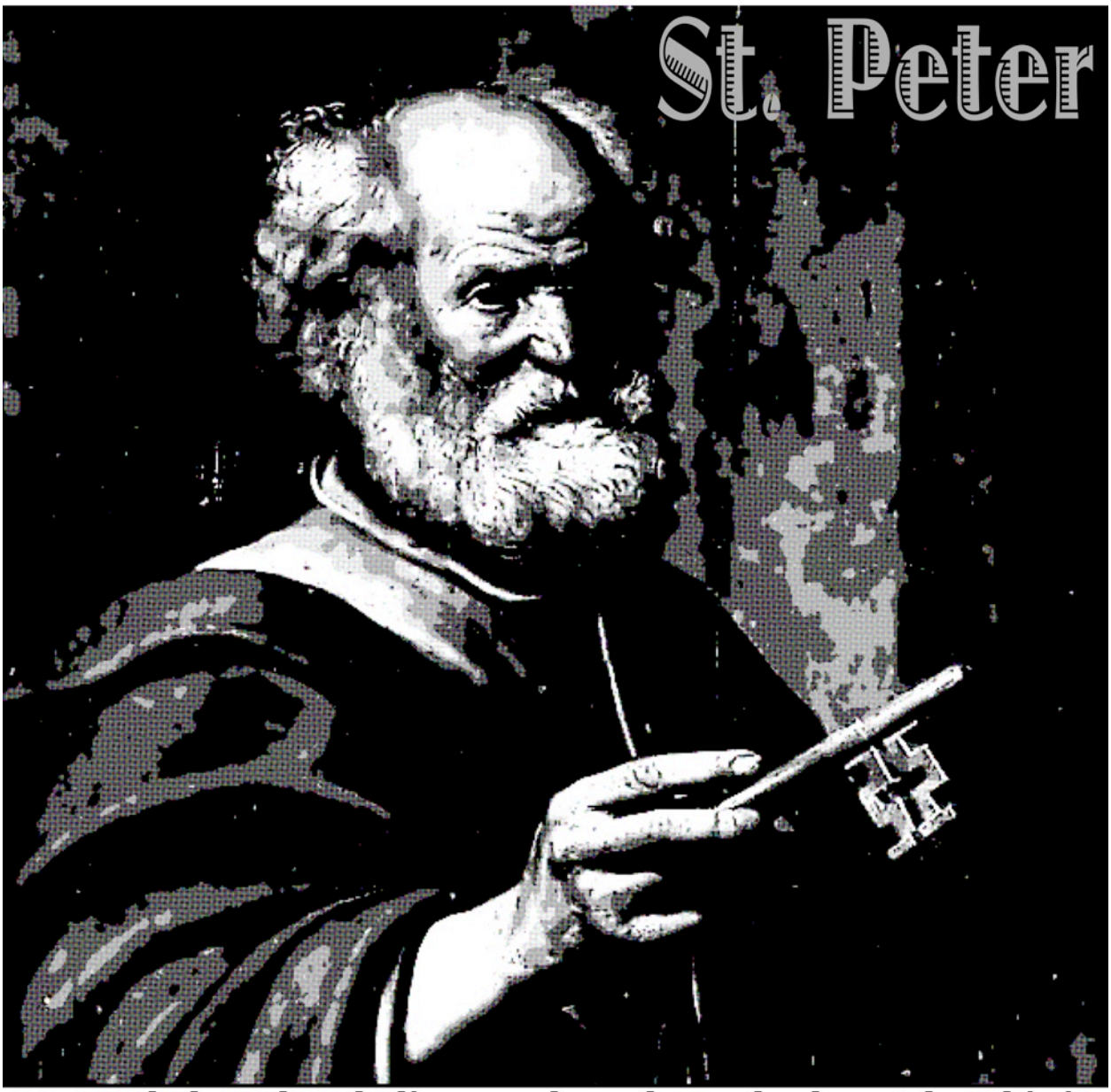


PAPIAS RELATED HOW THE ELDERS AND JOHN HEARD THE LORD TEACH THAT CREATION RENEWED AND LIBERATED SHALL YIELD AN ABUNDANCE OF ALL KINDS OF FOOD, SEEDS, GRASS, FRUITS, GRAINS, AND FLOUR IN CORRESPONDING PROPORTION, AND THAT ALL ANIMALS WILL USE THESE FOODS AND BECOME IN TURN PEACEFUL AND IN HARMONY WITH ANOTHER AND WITH HUMANITY. -- IRENAEUS

NAZIRUTHA [ESOTERIC KNOWLEDGE/GNOSIS], AS TAUGHT BY YESHU AND MIRYAI [JESUS AND MARY MAGDALENE], INSISTS THAT ONE RENOUNCE THE WORLD AND ITS WAYS, AND EVENTUALLY EMBARK ON A NATURAL AND SPIRITUAL LIFESTYLE THAT INCLUDES A VEGAN DIET, A SIMPLE NON MATERIALISTIC LIFESTYLE, AND EVER INCREASING UNDERSTANDING AND PRACTICE OF SPIRITUAL TRUTHS.
-- ORDER OF NAZOREAN ESSENES' ARTICLE OF FAITH

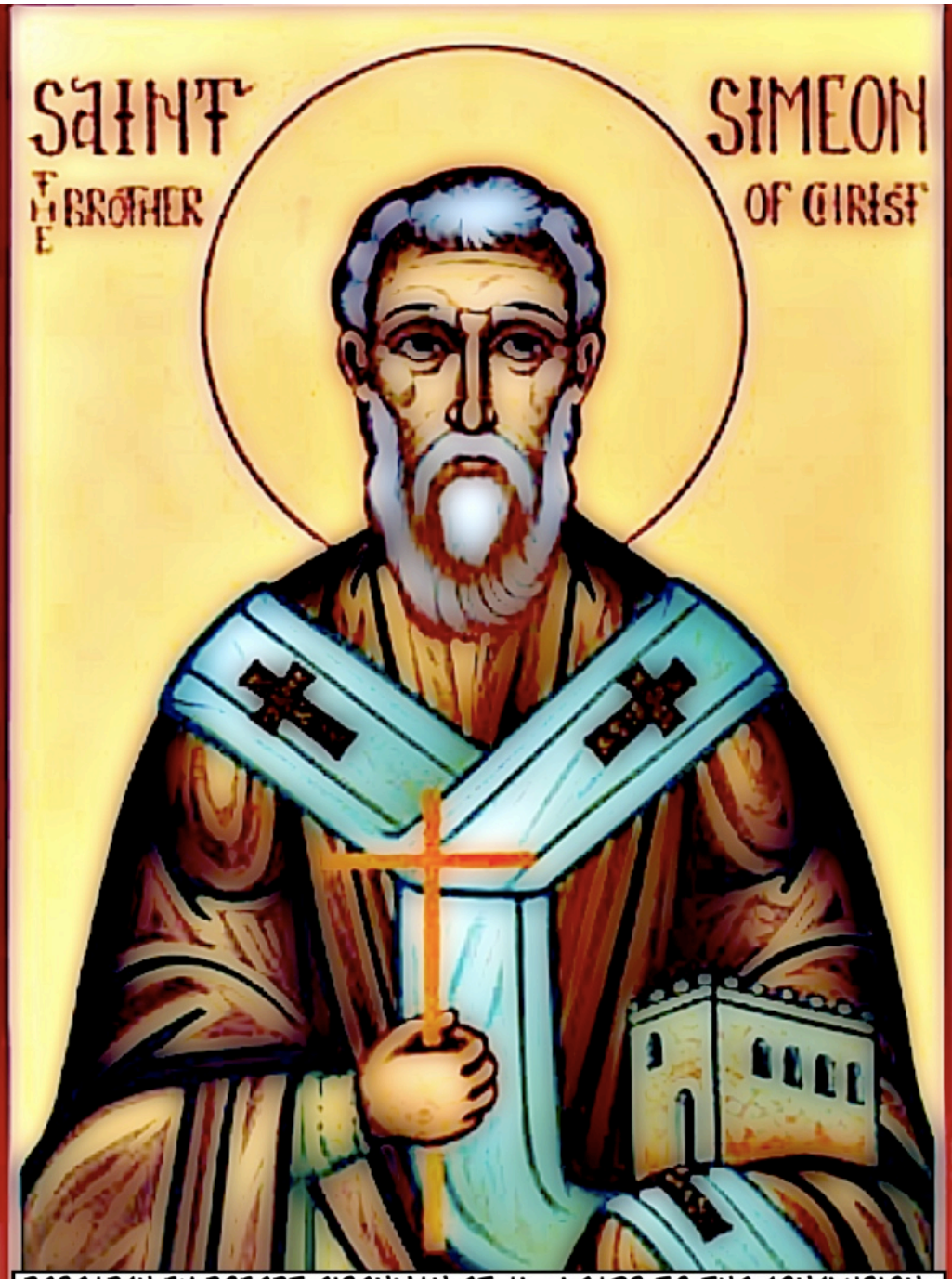
He [James the Just] died a virgin at the age of 96. No razor came upon his head. He did not go to the baths. He did not partake of animal flesh, and he wore no undertunic, using only a linen cloth... Thus, they no longer called him by his name, but rather they surnamed him 'The Righteous One'. He never washed in a bath, nor partook of animal flesh... nor did he wear sandals.... -- Epiphanius

Jesus said to them [the disciples], "No matter where you are you are to go to James the Just [for leadership], for whose sake heaven and earth came into being." -- Gospel of Thomas



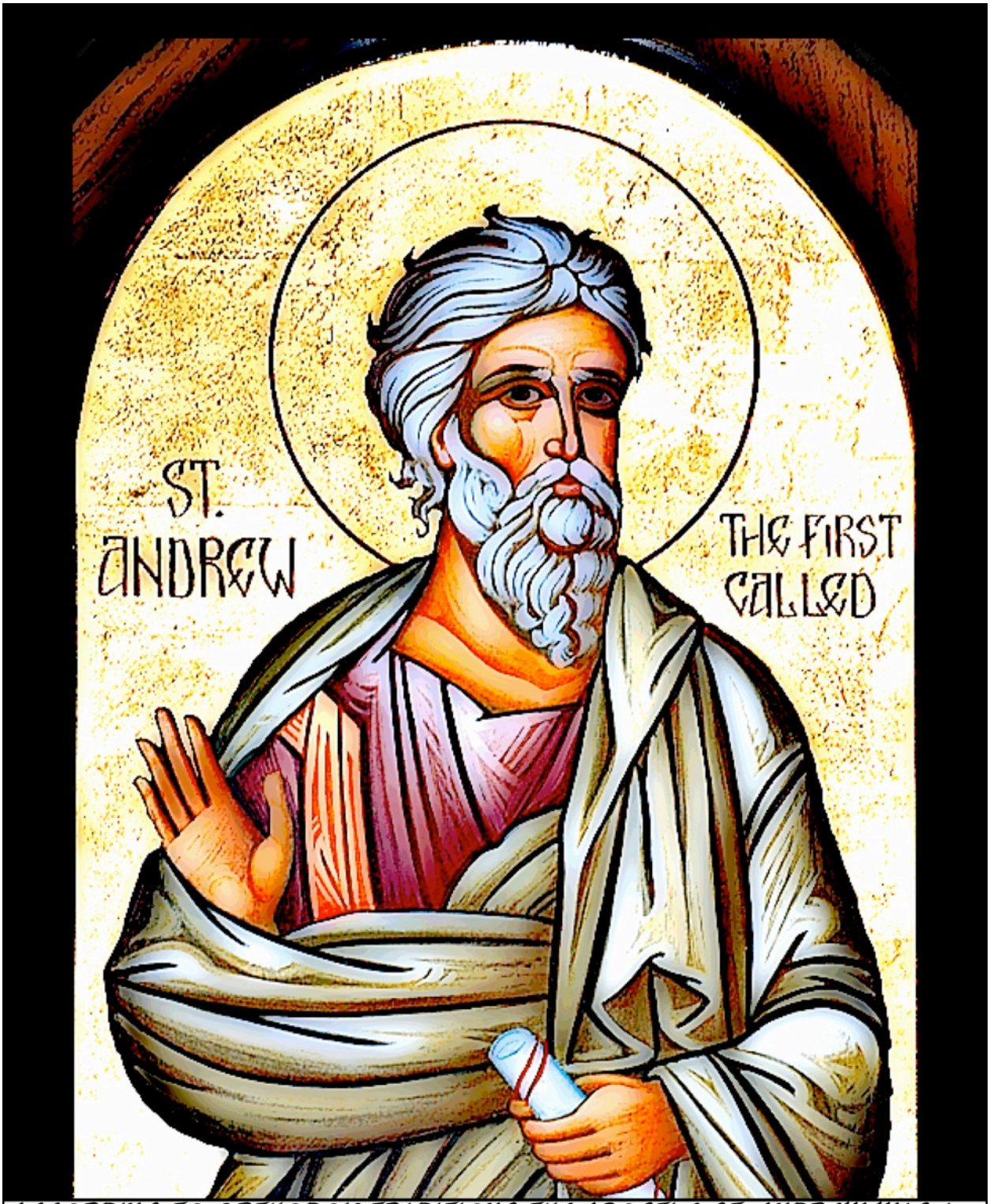
I use only bread and olives, and rarely pot-herbs; and ... this is my only coat and cloak which I wear.
-- **Pseudo-Clementine *Homilies***

ST. JOHN
VIRGIN VEGETARIAN
MYSTIC EVANGELIST APOSTLE

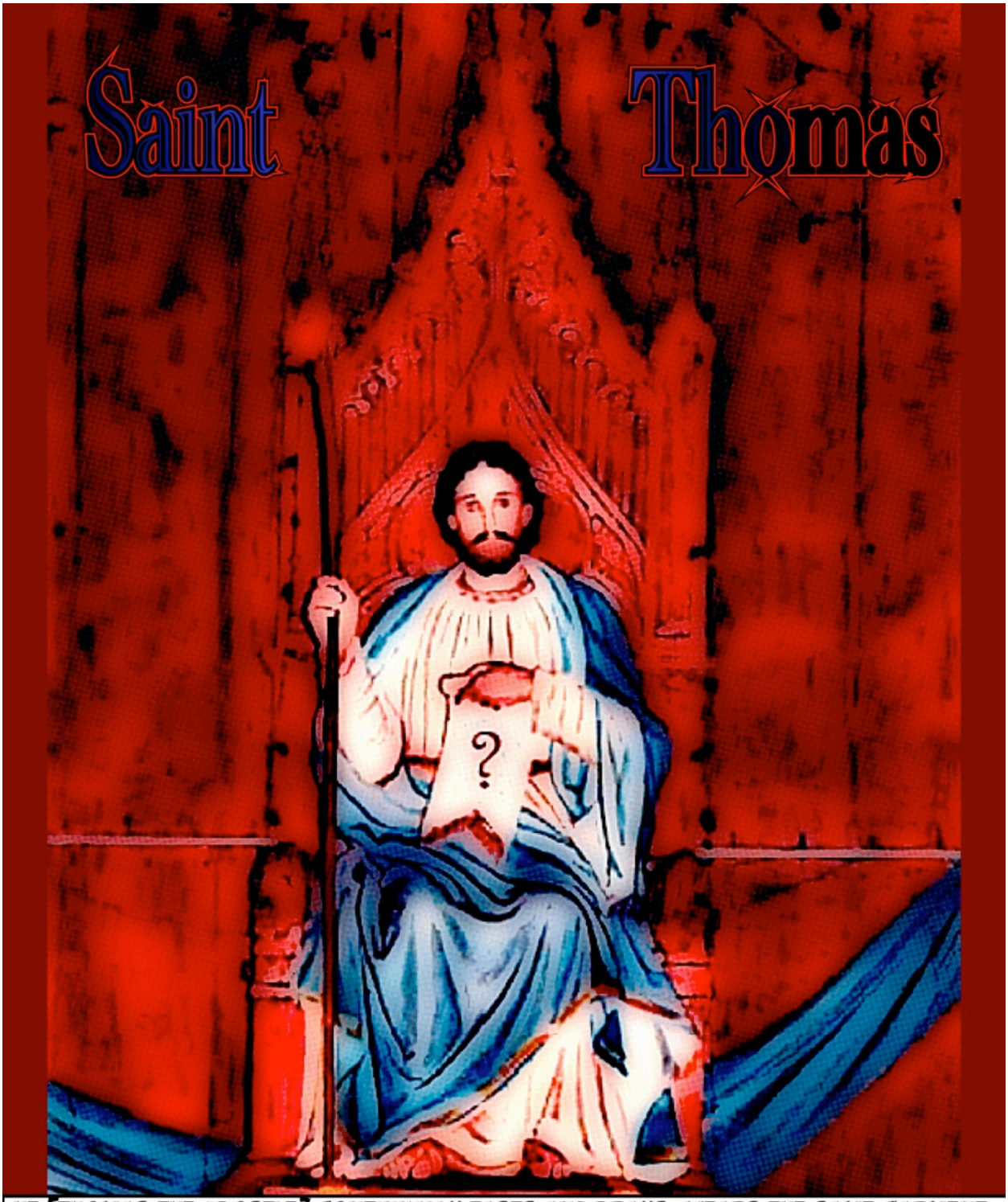


RESEARCH BY ROBERT EISENMAN ET AL. LEADS TO THE CONCLUSION THAT ST. SIMEON (AKA SIMON THE ZEALOT, AKA SIMON THE CANAANITE, AKA SIMEON BAR CLOPAS), LIKE JAMES THE JUST AND JUDE THE ZEALOT, WAS BOTH A BROTHER AND APOSTLE OF JESUS THE NAZOREAN. IDENTIFIED AS A RECHABITE PRIEST AS WELL, SIMEON WOULD HAVE ABSTAINED FROM MEAT & ALCOHOL. CHOSEN AS THE SECOND BISHOP OF JERUSALEM AFTER JAMES' MARTYRDOM, HE HIMSELF WAS MARTYRED AT AGE 120.

St. Jude, Apostle and brother of Jesus, is called Judas Zealotes in Epistula Apostolorum. Being a Zealot Apostle from a Nazorean family, Jude can surely be considered a vegetarian Saint.



ACCORDING TO ORTHODOX TRADITIONS THE APOSTLE ST. ANDREW WAS A VIRGIN, VEGETARIAN ASCETIC-MONK. LIKE JOHN THE EVANGELIST, HE HAD BEEN A DISCIPLE OF JOHN THE BAPTIST AND PRACTICED HIS HESYCHASM.

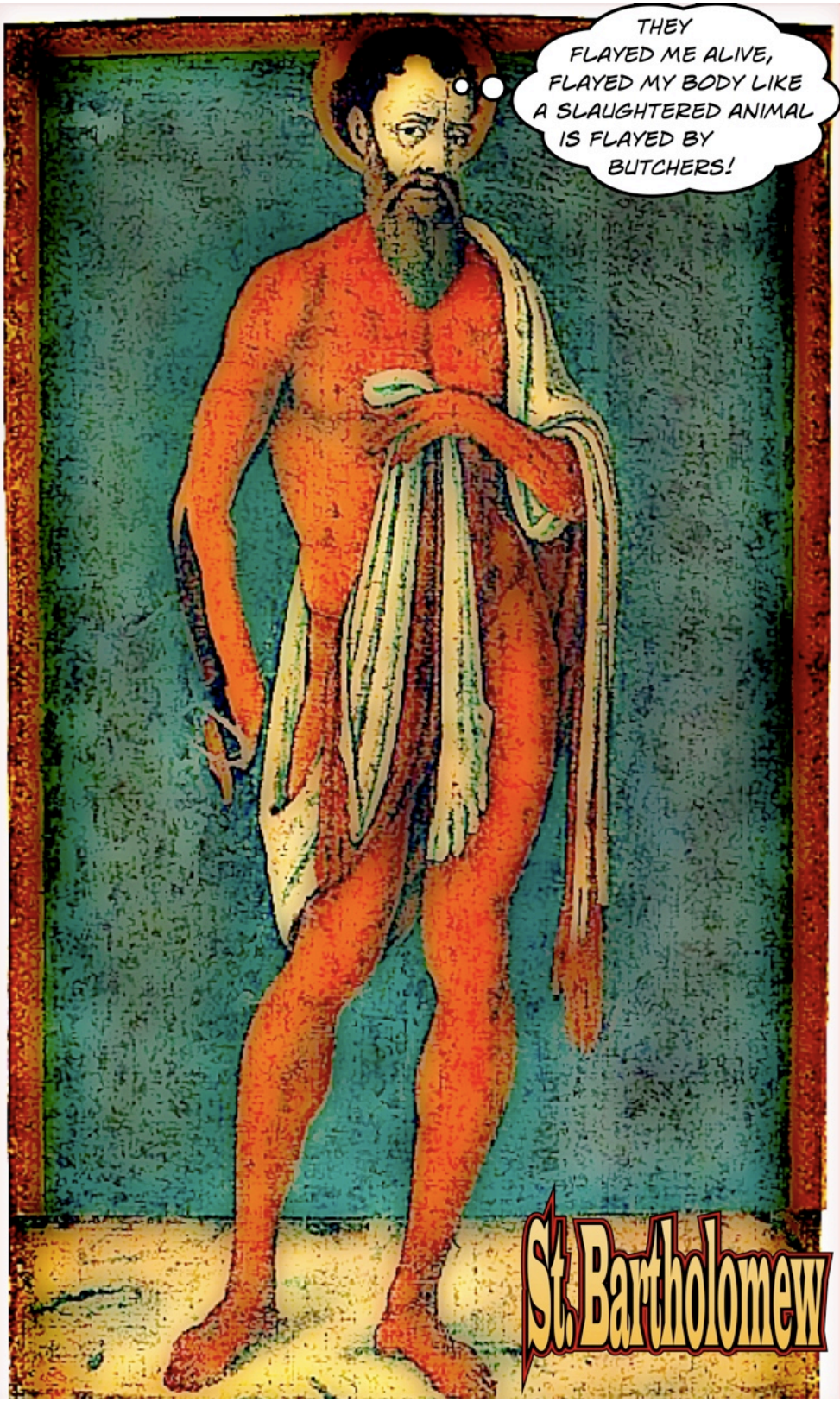


HE [THOMAS THE APOSTLE] CONTINUALLY FASTS AND PRAYS, WEARS THE SAME GARMENT IN ALL WEATHER; ACCEPTS NOTHING FROM ANYONE;GIVES WHAT HE HAS TO OTHERS, AND ABSTAINS FROM MEAT AND WINE. -- ACTS OF THOMAS

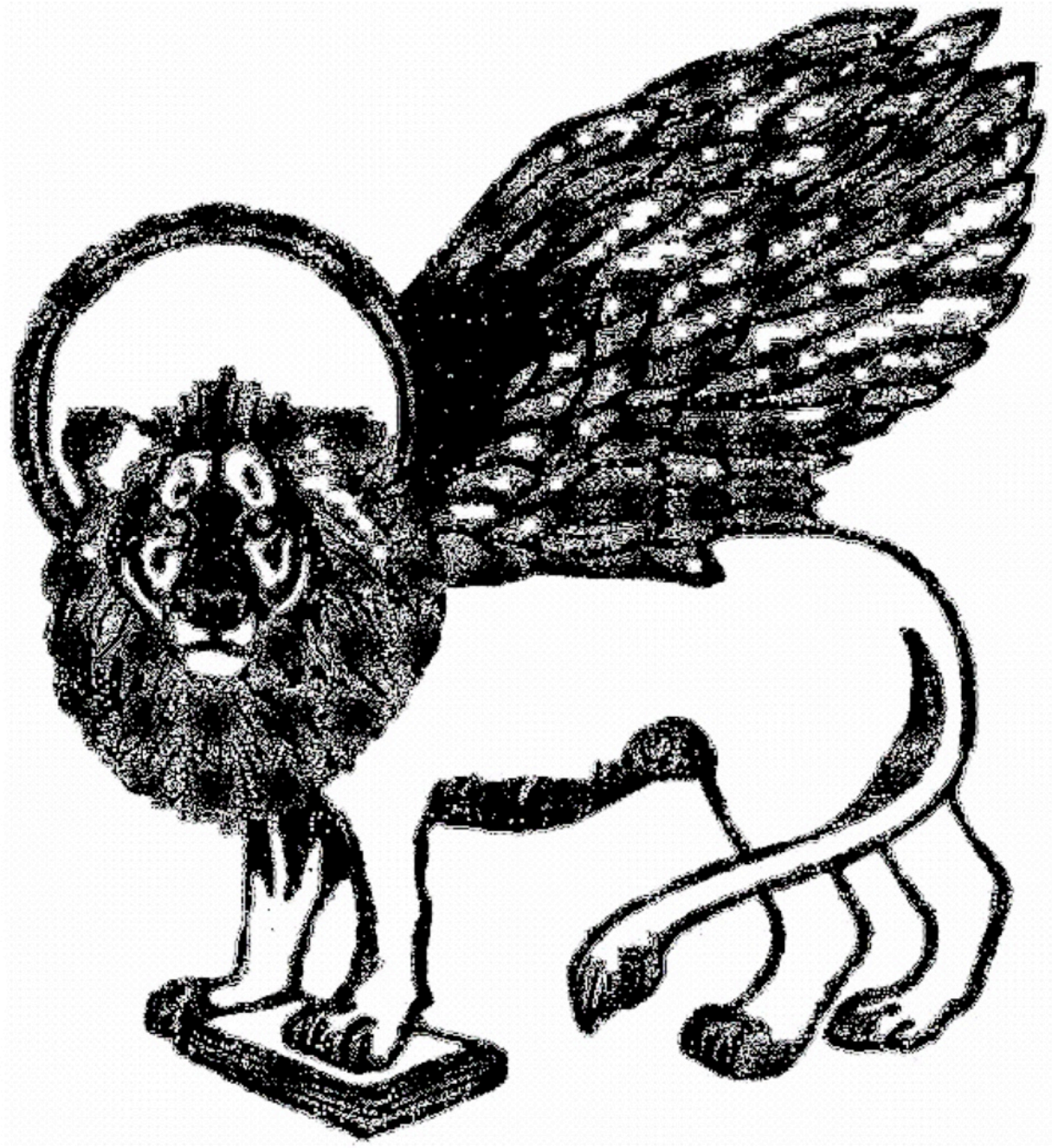
[T]he Apostle Matthew lived upon seeds, fruits, grains and nuts and vegetables, without the use of flesh.
-- St. Clement of Alexandria

Philip and Bartholomew said: Now know we of a truth that there is none that surpasseth thy compassion, O Jesu lover of man; for thou preventest us and dost convince us by these creatures to believe more and earnestly fulfil our trust. Now therefore, Lord Jesu Christ, come and grant life and breath and secure footing (existence) to these creatures, that they may forsake their nature of beast and cattle and come unto tameness, and no longer eat flesh, nor the kid the food of cattle; but that men's hearts may be given them, and they may follow us wherever we go, and eat what we eat, to thy glory, and speak after the manner of men, glorifying thy name.

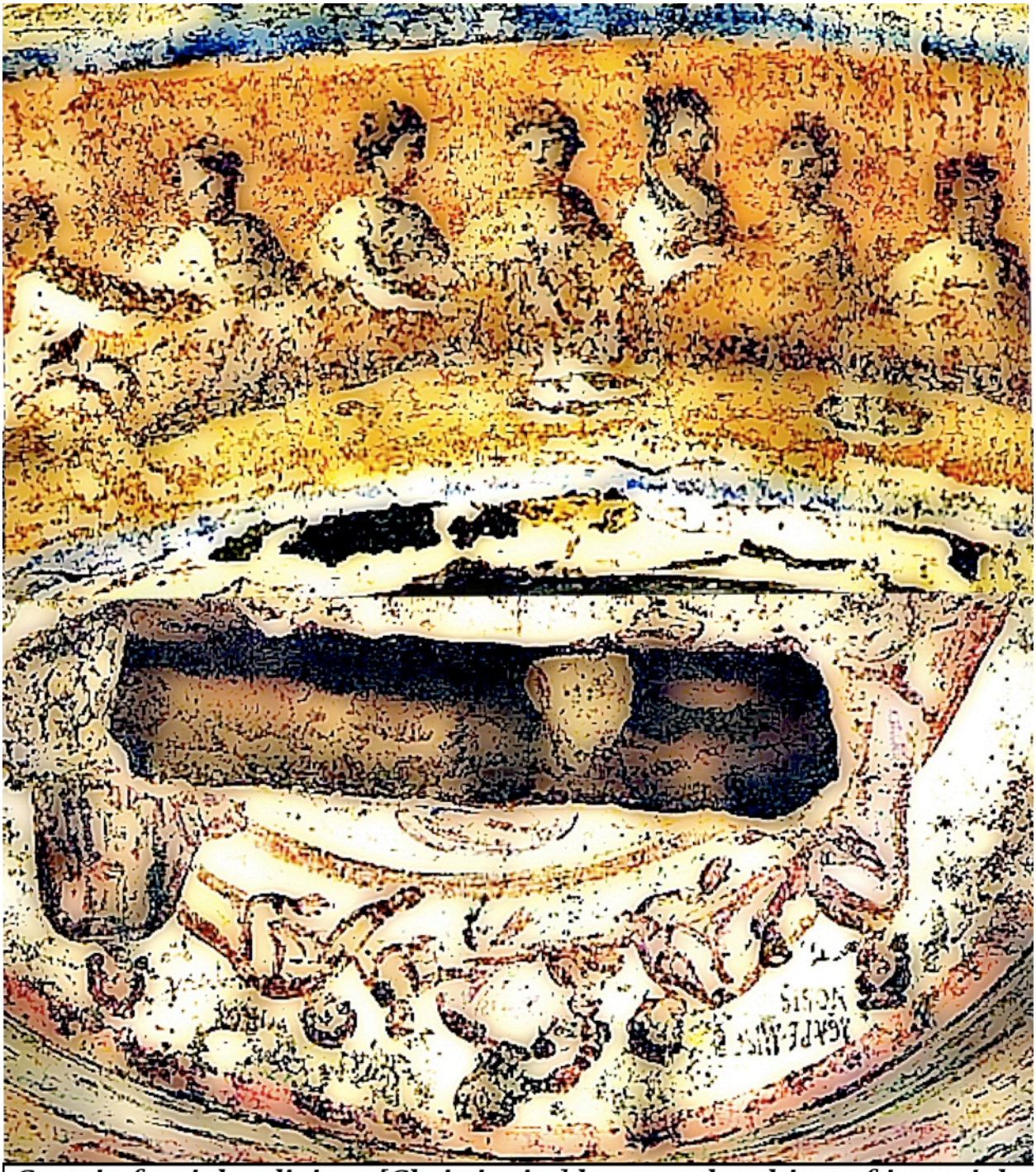
And in that hour the leopard and kid rose up and lifted up their forefeet and said: We glorify and bless thee that hast visited and remembered us in this desert, and changed our beastlike and wild nature into tameness, and granted us the divine word, and put in us a tongue and sense to speak and praise thy name, for great is thy glory. And they fell and worshipped Philip and Bartholomew and Mariamne; and all set out together praising God. -- Acts of Philip


THEY FLAYED ME ALIVE, FLAYED MY BODY LIKE A SLAUGHTERED ANIMAL IS FLAYED BY BUTCHERS!
St. Bartholomew

The right thing to do is to avoid eating meat, drinking wine, or doing anything else that makes your brother stumble, upset, or weak.
ST. PAUL



And he [the Risen Lord] said to them: Go ye into the whole world, and preach the gospel to every creature. -- St. Mark



Certain foreigh religions [Christianity] became the object of imperial suspicion and amongst the proofs of adherence to the foreign culture or superstition was that of abstinence from the flesh of animals.
-- Seneca / [I]t was their custom to meet together again to take food, but ordinary and innocent food. -- Pliny the Younger

[I]t is an evil desire to covet another's wife; as also to desire the dainties of riches; and a multitude of superfluous meats and drunkeness. Whosoever therefore will depart from all evil desires, shall live unto God; but they that are subject unto them shall die forever. For this evil lusting is deadly. --- Shepherd of Hermas